

A Day in the Life of Lower Prep

Our Lower Prep pupils are now halfway through their first year at Heritage. Good classroom habits are solidifying, relationships are strengthening, and knowledge is building as the children are merrily guided through the rhythms of the day. If you were to step into the classroom yourself on a typical Tuesday, here's what you would see.



1 As they enter the classroom, the children are familiar with the daily routines and need little prompting. They hang up their things, wash their hands, and sit down to talk about the plan for the day.

2 Morning lessons begins with a Bible story. Today, it is the story of the Roman officer from the book of Matthew. The pupils then settle in for phonics teaching and review with Mrs Grove.



3 Teaching is followed by a time for children to practise and apply what they've learned, through games that recall their knowledge of sounds and number bonds. Mrs Grove and Miss Cage work with pupils individually and in small groups.



4 Afterward, the children get busy engaging in the wide variety of activities placed throughout the classroom.



A Day in the Life of Lower Prep, continued

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Next, it's out to the playground for some fresh air and exercise, followed by Literature and snack.



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On Tuesdays, Madame Smith visits the class to guide them through their French lessons. The pupils have lots of fun with the songs, games and stories that reinforce the new words they have been learning.



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Lunch and playtime are followed by a handwriting lesson. The pupils practise their writing individually, then do some drawing and cutting with scissors. When they are finished, the children are free to play, draw or read.



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The day ends with a Nature Walk, where the class hang up bird feeders they had made and enjoy getting out once more in the brilliant sunshine.



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It's home time! On Tuesdays and Thursdays, parents come to collect the children at 3.30. On Mondays, Wednesdays and Fridays the school day ends at 1pm, with the option to take part in relaxed Stay & Play sessions with Miss Cage until 3.30. We believe it is important to maintain balance for children of this age, with focussed, high quality learning taking place at school and plenty of time to rest and play in the afternoons. Today, the children are tired but content after such a full and active day. They are eager to rest and come back ready for more tomorrow!

Lower Prep PE

On Thursdays, Lower Prep pupils head over to The Leys sports facilities with Mr Hulett and Mrs Eastwood to work on core skills and body control. In this lesson, the children are exploring how to land safely when jumping, and think about the position of their body as they move it in different ways.

Sport and physical recreation are integral to the development of the children at Heritage, helping them develop self-confidence, self-fulfilment, team spirit, and the ability to accept their part in victory and defeat—all important lessons for life's challenges. But the utmost goal of our PE programme is to promote healthy, active living.

